THE ESSENTIAL RETREAT

The Essential Retreat package provides the convenience of indulging in numerous resort activities daily, along with the added perk of enjoying three delectable meals at our Canyon Breeze Restaurant. We aim for you to fully embrace this distinctive Southern Utah experience, which is why we've compiled this information addressing some of the most common questions we receive.

HOW DO I SIGN UP FOR DAILY GUIDED HIKES?

Plan your activities effortlessly by booking online or contacting our front desk or concierge team by 5 pm the day before. Meet at the Gazebo near our restaurant, equipped with sturdy shoes, a backpack, and your water bottle(s) or hydration pack. Enjoy a hearty a la carte breakfast before setting off on your adventure.

WHAT ACTIVITIES ARE INCLUDED?

Discover the excitement at our resort with our daily activity calendar displayed on our website and digital screens throughout the premises. Look for activities marked with ♦♦♦, indicating they are included in your retreat package. For activities requiring advance registration, our Front Desk is here to assist, or simply text IVY, our digital concierge, for prompt service. If you prefer a printed activity calendar, we're delighted to provide one for your convenience.

WHAT IS THE PROCESS FOR INCLUSIVE DINING?

Indulge in the culinary delights of our Canyon Breeze Restaurant during your Essential Retreat stay, where breakfast, lunch, and dinner entrees, along with non-alcoholic beverages, are all-inclusive. Each meal is meticulously crafted utilizing regionally sourced New American Cuisine, ensuring the highest quality dining experience. Upon enjoying your meal, simply sign the check to your room; gratuities are at your discretion and included in your package allocation. If settling your bill separately from other guests in your room, please request individual checks from your server. Please note, purchases from Canyon Counter, alcoholic beverages, and room service are not covered in your package.